




Wellness Incentive Program

SDPEBA offers a points-based wellness incentive program to support you in achieving your best health, your way!

More than \$10,000 in e-gift cards¹

Use your Tango Card to redeem select digital gift cards from top name brands like Amazon[®], REI[®], Whole Foods Market[®], Starbucks[®] and iTunes[®]. You may also use your rewards card to support non-profit organizations like water.org[®], Habitat for Humanity[®], American Cancer Society[®] and more.

When You Earn	You Get a Chance To Win
50 points	 \$50 e-gift card <small>(15 available each month)</small>
100 points	 \$100 e-gift card <small>(5 available at mid-year)</small>
200 points	 \$200 e-gift card <small>(5 available at the end of the plan year)</small>

Getting started is as easy as 1-2-3

- 1 Join**
 Sign up at sdpeba.yourbesthealth.com or download the Best Health mobile app today.
- 2 Participate**
 Log in and choose your healthy activities, such as preventive care services and coaching programs.
- 3 Earn Points**
 Complete your healthy activities to earn points, and get a chance to win an e-gift card!

For more information

Contact Best Health at 1-877-849-2363 to learn more.

¹ The Best Health program is open to all active City of San Diego employees with a maximum of two reward cards per plan year.

