



Provider Alert

To: Sharp Health Plan Providers and Provider Office Staff
From: Sharp Health Plan
Date: December 17, 2024
Subject: Doula Services available for eligible members effective Jan. 1, 2025

Dear Provider Partner:

Effective Jan. 1, 2025, coverage for eligible members will include contracted doula services. This includes up to 11 doula visits plus support during labor and delivery or termination of pregnancy. Services are not available for Medicare Advantage members. **To be eligible for doula services, Commercial members must be pregnant or have been pregnant in the last 12 months and meet one of the following criteria:**

- Be enrolled in a commercial plan with Sharp Health Plan through either of the following groups:
 - The California Public Employees' Retirement System (CalPERS)
 - The Federal Employees Health Benefits Program (FEHB)
- **OR** be enrolled in the Sharp Health Plan Maternal Mental Health Case Management Program (MMHCMP)

Below is a list of covered and non-covered services. All prenatal and postpartum visits with a contracted doula can be in person or virtual. Please refer members with questions to our Customer Care team at customer.service@sharp.com or 1-800-359-2002 to learn more.

Covered doula services:	Non-covered doula services:
<ul style="list-style-type: none">✓ 1 initial visit, and up to 8 additional visits before giving birth, during pregnancy and after giving birth, in any combination✓ Support during labor and delivery, abortion or miscarriage, including labor and delivery resulting in stillbirth✓ Up to 2 extended three-hour postpartum visits after the end of a pregnancy	<ul style="list-style-type: none">× Belly binding× Birthing ceremonies× Group classes about babywearing× Massage (maternal or infant)× Photography× Placenta encapsulation× Shopping× Vaginal steams× Yoga

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SHARP Health Plan

If you have questions, please visit our website at sharphealthplan.com/providers/doula or contact our provider account management team at 1-858-499-8330.

Sincerely,

Sharp Health Plan
Provider Account Management Team
Email: provider.relations@sharp.com
Tel: 1-858-499-8330
Fax: 1-858-303-9049

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